

# YOUNG WORKERS



Canadian Labour Congress  
Congrès du travail du Canada



WAYNE SAMUELSON  
President  
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## THE LABOUR MOVEMENT NEEDS YOU!

With the Baby Boomer generation setting its sights on retirement, there has never been a better time to get involved, learn and get active in the labour movement!

### HERE IS HOW YOU CAN GET INVOLVED AND TAKE AN ACTIVE ROLE:

- **Talk to your union leadership about opportunities for young members (i.e., A young workers committee).**
- **Attend general membership meetings.**
- **Attend your local labour council meetings (find out if your labour council has a youth member at large position and/or youth committee).**
- **Take advantage of labour education opportunities (the Canadian Labour Congress, Ontario Federation of Labour, and affiliate unions encourage youth participation at all labour education events).**
- **Become a delegate or observer to an upcoming trade union convention (find out more information within your affiliate union and/or labour council).**

**For more information on how you can become active in the labour movement, contact:**

**Ontario Federation of Labour at 1-800-668-9138  
or  
Canadian Labour Congress at (National) 613-521-3400  
(Ontario Region) 416-441-3710**